

Vitamin A



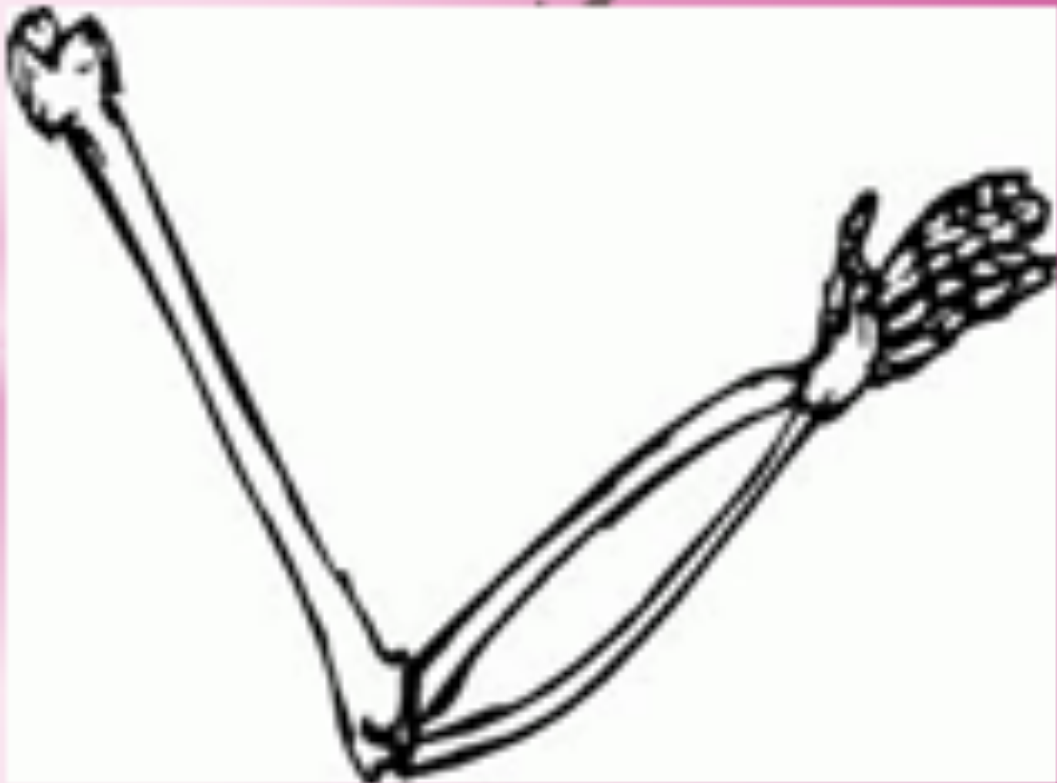
Healthy eyes

Riboflavin and Folate

Healthy heart
and blood



Manganese



Healthy bones

Vitamin K



Heals cuts